

**MOTIONS/RESOLUTIONS PRESENTED TO  
THE LOS ANGELES CITY BOARD OF EDUCATION FOR CONSIDERATION**

**SUBJECT:** Building Healthier Communities and Lives for Californians through Investment in Community-Based Prevention (Res-021-18/19)

**DATE NOTICED:** 02-19-19

**PRESENTED FOR ACTION:** 03-19-19

**PRESENTED BY:** Dr. McKenna,  
Mr. Schmerelson, Ms. Gonez, Mr. Melvoin

**MOVED/SECONDED BY:** Mr. Melvoin/  
Ms. Gonez

**MOTION:**

**RESOLUTION:** x

Whereas, The Los Angeles Trust for Children’s Health (The L.A. Trust) was formed through a 1991 resolution of the Governing Board of the Los Angeles Unified School District to address the myriad and significant health challenges faced by many District students;

Whereas, The L.A. Trust is a non-profit organization that champions healthcare programs and supports comprehensive school-based medical clinics that provide healthcare services for Los Angeles County’s highest-need students;

Whereas, The L.A. Trust believes that student wellness is a critical factor in student academic achievement;

Whereas, Chronic diseases and injuries, most of which are preventable, accounted for 80 percent of deaths in California in 2010;

Whereas, We are in the midst of a large-scale epidemic of obesity and diabetes that shows little sign of slowing and may lead this generation of children to have shorter lives than their parents;

Whereas, More than half of California’s adults are overweight or obese, and therefore at greater risk for the six most prevalent chronic conditions - diabetes, heart disease, cancer, arthritis, stroke and high blood pressure;

Whereas, This burden of preventable illness generates enormous costs for families, employers, local and state government and health care systems;

Whereas, The six leading chronic diseases alone generated treatment costs of \$25,355,680,148 (or \$2,580 per person) in Los Angeles County in 2010, and these continue to rise;

Whereas, California had 18,152 injury deaths, with \$21 billion in lifetime costs (\$538 for every resident in the state) in 2014 alone;

Whereas, Poor diet is now the leading risk factor for death in the United States, followed by tobacco, high blood pressure, obesity and physical inactivity;

Whereas, People who have access to healthy food and eat a healthy varied diet are at lower risk of obesity and chronic disease;

**SUBJECT:** Building Healthier Communities and Lives for Californians through Investment in Community-Based Prevention (Res-021-18/19)

Whereas, People who live in highly walkable, safe, mixed-use communities with easy access to green space and public transit options are more physically active and less obese, contributing to greater overall health;

Whereas, This burden of illness is distributed unfairly, and birthplace, where you live, income, race, and ethnicity all play a role in determining how likely you are to become ill, be injured or die too young;

Whereas, A strategic investment in prevention of just \$10 per person would represent less than 1/1000th of our annual healthcare spending in California;

Whereas, As our population ages and medical care becomes more complex and costly, we seek to assure health care coverage for Californians and the need to invest in reducing the rates of preventable illnesses has never been more urgent; and

Whereas, Oklahoma, Minnesota and Massachusetts have created wellness trusts or funds that provide sustained, dedicated funding to reduce leading causes of premature illness and death and have demonstrated positive outcomes in reducing risk factors for disease; now, therefore, be it

Resolved, That The Governing Board of the Los Angeles Unified School District supports the establishment of a California Wellness Trust, or other mechanism, to assure sustained, dedicated investment in preventing the leading causes of illness, injury, and premature death in California by addressing the root causes of these conditions in order to promote greater health equity, build healthier communities through community-based disease prevention and wellness efforts, and make our healthcare dollars go further.

	<u>AYES</u>	<u>NOES</u>	<u>ABSTAIN</u>	<u>ABSENT</u>
<b>Ms. Gonez</b>	<b>X</b>			
<b>Dr. McKenna</b>				<b>X</b>
<b>Mr. Melvoin</b>	<b>X</b>			
<b>VACANT</b>				
<b>Mr. Schmerelson</b>	<b>X</b>			
<b>Dr. Vladovic</b>	<b>X</b>			
<b>Ms. Garcia</b>	<b>X</b>			
<b>TOTAL</b>	<b>5</b>			<b>1</b>

**ACTION: ADOPTED**